



## Evaluation for Investing in Children membership

### Chilton Youth Club

Chilton Youth Club offers youth provision to young people two evenings a week. The sessions are run on a Tuesday and Thursday evening from 7pm till 9pm.

The club has been running for approximately 23 years and there is currently a core group of around 12 – 15 young people attending the sessions.

### **Opportunities for Dialogue and Change**

#### General Activities

The young people told me all about the following activities that are run at the club:

- Football
- Pool
- Table Tennis
- Health and Beauty i.e. nails
- Sex education
- Nintendo Wii
- Decks
- Computers

*‘We tell a member of staff what we want to do, for example, we asked to play football in the gym so now they just give us a key!’*

*‘A sports coach now comes in on a Thursday night’*

#### Stage

The young people told me how a group of them wanted to paint the stage area as it needed decorating.

#### Youth Opportunities Fund

*‘We have applied to the Youth Opportunities Fund to go to Weardale on a residential in September. We wanted to go away! We got options on where we could go and had a vote for our favourite’*

#### Body Imaging Project

The young women I spoke with told me all about the body image project they have been involved in and that recently they have been getting some new equipment which they asked for including:

- Nail Varnishes
- False Nails
- Diamantes etc...

### Flamingo Land

A trip to Flamingo Land has recently been organised from a request made by the young people.

### Planning Sessions

Young people are actively involved in planning the sessions at the youth club.

*‘We usually have planning sessions that take place in September, after Christmas and around April time’*

*‘During the time in which we are doing a project all of us have the chance to have a say and make changes to the project if we want!’*

### Alcohol and Sexual Health Projects

*‘We have just recently finished this project. A worker came in and delivered sessions. We have now also got the C card scheme at the club’*

### Tuck Shop

There is a tuck shop run at the club. The young people told me:

*‘Young people do the tuck shop list of what they want bought. We decide every time it needs topping up!’*

*‘We decided to get pot noodles to sell in the tuck shop as people were asking for hot things when it is cold outside etc...’*

*‘We would like them back though as they have stopped now!’*

### Improvements to the Building

On my initial visit to the club a group of young men told me all about the stage project that they were working on. The young people felt the stage area needed modernising so they decided to paint it.

### Conclusion

Chilton Youth Club have been doing some really interesting projects and all the young people I spoke to agreed with this. They have been involving young people in the planning of the sessions and also asking them if they could be improved or if any changes could be made.

The young people have been involved in applying for funding in order to pay for some activities.

When asked if they felt they are listened to and can influence change at the club, they all replied saying ‘Yes’ and as a result of the evidence I have seen during my visits, I

recommend, with the support of the young people accessing the service, that Chilton Youth Club become an Investing in Children Member.

Well Done!!

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